

BISHOP CHATARD TROJANS

FOOTBALL CAMP/BASEBALL CAMP/ATHLETIC
SPEED CAMP / WRESTLING CAMP

JULY 12,13,14, 2011
Tuesday, Wednesday, Thursday



**Open to all young men entering
Grades 3 through 8!**

Fundamentals in football, baseball, athletic, & wrestling skills are the keys to success:

- In football, it's blocking and tackling.
- In baseball, its fielding and hitting.
- In athletic speed training, it is the correct movement of your body in unison with your body parts.
- In wrestling it is leverage and body control.

If you improve in these fundamental areas, you will be successful. **Improvement is the key.** You must strive to get better every day.

Great fundamentals are at the core of any great athlete or team!

BISHOP CHATARD TROJANS

ATHLETIC TRADITIONS

FOOTBALL

State Champions--1983, 1984, 1997, 1998, 2001, 2002, 2003, 2006, 2007, 2010

State Finalists--2005

Semi-State Champions--1983, 1984, 1997, 1998, 2001, 2002, 2003, 2005, 2006, 2007, 2010

Regional Champions--1983, 1984, 1986, 1997, 1998, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010

Sectional Champions--1979, 1982, 1983, 1984, 1985, 1986, 1990, 1995, 1996, 1997, 1998, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010

BASEBALL

City Champions--1969, 1972, 1973, 1975, 1976, 1977, 1980, 1981, 1985, 1986, 1997, 2002, 2003

Sectional Champions--1973, 1975, 1977, 1980, 1983, 1989, 1993, 1995, 1996, 1997, 2007

Regional Champions--1973, 1975, 1977, 1980, 1983, 1996, 1997

Semi-State Champions--1973

Please complete, detach and return with payment by July 1st. Walk-ups accepted.

BISHOP CHATARD TROJANS SPORTS SKILLS CAMP APPLICATION

Name _____ Phone _____

Address _____ City _____ Zip _____

Grade-Fall of 2011 _____ Grade School _____

Choose session: _____ Football/Baseball _____ Football/Wrestling _____ Football/Athletic _____ Athletic/Baseball

T-Shirt Size (adult sizes, circle one) S M L XL

I hereby authorize the Directors of the Bishop Chatard Sports Camp to act for me according to their best judgement in any emergency requiring medical attention, and I hereby release the camp from any and all liability for any injuries incurred while at camp.

Camper is covered by _____ Insurance Company, policy number _____

Signature of Parent or Legal Guardian: _____

Home Phone _____ Work Phone _____ Cell Phone _____

Alternate Contact Person _____ Phone _____

Please make check payable to Bishop Chatard High School and mail with completed application to:
Bishop Chatard Sports Camp, c/o Vince Lorenzano, 5885 N. Crittenden Ave., Indianapolis, IN 46220.

Dear Parents

Thank you once again for choosing to participate in Bishop Chatard Sports Camps. This year we have developed a plan to help enrich and improve the overall skills of your young men. We have combined our regular football camp with a baseball skills camp, a wrestling skills camp, and an athletic speed training camp. Your young man may choose to participate in two of the four camps. For example, he may choose to do football in the morning and baseball in the mid-morning or football in the morning and athletic speed work in the mid-morning. He may choose to do athletic speed work in the morning and do baseball in the mid-morning. Or, he could choose to do football in the morning and wrestling in the mid-morning. Any of these choices will provide your young athlete with great fundamental work and solid expertise from experienced coaches. Joining me in this new format is Bishop Chatard's Head Baseball Coach Mike Harmon, Head Wrestling Coach Kevin King and, Coach Clifford Brooks.

Furthermore, during this time in your son's life it is critical that he is surrounded and influenced by positive role models. With this in mind, I have assembled a highly motivated staff that includes persons of the highest moral integrity and expert knowledge of sports.

If you have any questions regarding our program and/or camp, please contact me at: 317-251-1451 ext. 2266 or vlorenzano@bishopchatard.org

Sincerely,



Vince Lorenzano
Head Football Coach
Bishop Chatard High School

INSTRUCTION INCLUDES

- Basic fundamentals of all positions
- Basic Game fundamentals
- Fundamental instruction in speed improvement training
- Discussions on correct nutrition
- Interactive group competitions
- Execution of Basic Team Concepts in Football and Baseball directly related to those specific programs
- Razzle Dazzle Football Competitions

Age Group: All young men entering grades 3, 4, 5, 6, 7, and 8th grades in the Fall of 2011 are welcome to attend the camp.

Location: The camp will be held at Bishop Chatard High School, 5885 North Crittenden Avenue Indianapolis, Indiana 46220

Dates/Times: Tuesday, Wednesday, Thursday (Groups will be divided by age groups in grades 3 and 4, grades 5 and 6, and grades 7 and 8).

Drop-off and Check-in begins at 7:30

Session 1 8:00 – 10:00
Football or Athletic Speed Training (grades 3 thru 8)

Break 10:00- 10:20
(Snack and drink provided)

Session 2 10:30 – 12:00
Baseball or Athletic Speed Training, or Wrestling (grades 3 thru 8)

Pick-Up and Check Out begins at 12:15

Equipment:

Football – Cleats or tennis shoes, shorts, sunscreen
Baseball – Baseball gloves with names on them
Athletic Speed Training – Tennis shoes
Wrestling - Tennis shoes, shorts, t-shirt, head gear

Cost: The cost of the camp is \$80 per camper for both sessions and includes Camp T-shirt, a drink, and snack.

2 Campers - \$150
3 Campers - \$220
4 Campers - \$250

CAMP DIRECTORS

Football Camp Director:

Vincent M. Lorenzano, Head Football Coach

Coach Lorenzano has 29 years of coaching experience in multiple sports coaching. Coach Lorenzano has been a Head Coach in Football, Baseball, and Track at the High School level. He has participated in a record 11 State Championship Football games. Coach "L" holds a Masters Degree and an Administrative PLP License in Education. Coach "L" has directed the Bishop Chatard Football Camp for the last 8 years.

Baseball Camp Director

Mike Harmon, Head Baseball Coach

Coach Harmon comes to our camp with 21 years of coaching experience. Mike has been both a Head Football and Head Baseball Coach. Coach Harmon is a 1984 BCHS graduate, where he played football, baseball, and wrestled. Coach Harmon is a 1988 graduate of Notre Dame University, where he played baseball for 4 years. Coach Harmon is in his 12th year as Head Baseball Coach at BCHS.

Athletic Speed Training Camp Director

Clifford Brooks, Assistant Football Coach,
Assistant Wrestling Coach

Coach Brooks graduated from BCHS in 2000 where he played Defensive Back. Coach Brooks has extensive training in Speed Development.

Wrestling Skills Camp Director

Kevin King, Head Wrestling Coach

Coach Kevin King is currently Head Wrestling Coach here at BCHS and also a Varsity Football Assistant. Kevin was an All-State Varsity Football Player and Wrestling Champion at Bloomington South High School and attended Indiana University on an Athletic Scholarship.

Camp Staffing:

The Bishop Chatard Football/Baseball/Athletic Speed/Wrestling Camp will be staffed by members of the Bishop Chatard Football, Baseball, and Track Programs as well as current and past Trojan athletes.