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## Covid Protocol and Sick Policy last updated of 04/1/24

The updated CDC guidelines released March 5, 2024 recommends that individuals who test positive for COVID-19 should base their isolation period on their symptoms. Symptomatic Individuals should remain isolated away from others even in their own home until they have been fever free for 24 hours without the use of fever reducing medications and symptoms are improving. (temperature <100.4) (The most common Covid-19 symptoms are: runny or stuffy nose, headache, fatigue, sneezing, sore throat, coughing, changes to sense of smell).

#### Students who test positive for COVID-19:

Students who test positive for COVID 19 should remain home while symptomatic. Their isolation period will be based on their symptoms. Isolation may end if an individual has been fever free for 24 hours without the use of fever-reducing medications and other symptoms are improving. Preventative strategies, like wearing a mask around others are strongly recommended by the MCHD for 5 days after ending Isolation.

## Students that meet the requirements for a positive COVID 19 Exposure:

Students that meet the requirements for a positive COVID 19 **Exposure** may continue with their normal activities of daily living while monitoring for symptoms. If symptoms develop follow the current isolation guidance. If the test is negative, return to school when symptoms have resolved or are overall improving..

## Reasons a student will be sent home from school

- Fever of 100.4 or greater
- Persistent Diarrhea
- Vomiting
- Pink eye with yellow or green drainage
- Pain or Injury that does not allow them to participate in school.

\*\*This policy is reviewed and necessary changes are made with the safety of the Bishop Chatard Community in mind. With the help of local government agencies, Bishop Chatard will make any necessary changes to the health and wellness policy. Bishop Chatard follows the guidance of our local government, the MCDH, which follows the guidance of the CDC. PLEASE CONTACT <a href="mailto:medical@bishopchatard.org">medical@bishopchatard.org</a> with any questions.

# **Academic Support During Extended Absence**

Students facing short term absences who feel well enough to stay up-to-date on school work should use Canvas for daily agendas, content, and assignments, and follow up directly with teachers via email with questions. Students are excused from submitting any work the same number of days they are absent. Teachers will work with students during class, seminar, or office hours to assist student learning when they return to school, but it is imperative that students remain diligent of courses and assignments as best they are able.

Thank you. Bishop Chatard appreciates the cooperation of students and parents in implementing this updated policy. Please do not hesitate to reach out with any questions, or concerns.