

Campus Ministry Resources in eLearning

Resources for Prayer	
<p>Stations of the Cross</p> <p><i>This devotion focuses on the specific events of Christ's passion and death.</i></p>	<ul style="list-style-type: none"> • Lifeteen version • Fulton Sheen's version • Busted Halo
<p>Daily Mass Readings</p> <p><i>Our Liturgy is so rich this Lenten season to prepare us for Christ's Passion, Death, & Resurrection. Resources for both the readings & reflections are provided</i></p>	<ul style="list-style-type: none"> • Daily Mass Readings • Blessed Is She Daily Devotions
<p>Liturgy of the Hours</p> <p><i>The Lord has commanded us to pray without ceasing, and this is what the Hours help us do.</i></p>	<ul style="list-style-type: none"> • Divine Office • iBreviary -- Will guide you through the prayers for the day - just choose the time of day!
<p>Rosary</p> <p><i>This powerful Marian prayer is said to be a great weapon against the Devil.</i></p>	<ul style="list-style-type: none"> • Videos on how and why to pray the rosary, as well as a guided session (no specific mystery) • The Rosary on Spotify (All mysteries)
<p>Divine Mercy Chaplet</p> <p><i>Coming from St. Faustina, this rote prayer implores God to pour his mercies out upon us.</i></p>	<ul style="list-style-type: none"> • Pray the Divine Mercy Chaplet with the Franciscan Friars of the Renewal
<p>Daily Reflections</p> <p><i>Take some time during your daily routine to slow down and listen to God.</i></p>	<ul style="list-style-type: none"> • Loyola Press 3 Minute Retreats • Blessed Is She Daily Devotions
<p>Visio Divina</p> <p><i>Pray with artwork like you would with scripture.</i></p>	<ul style="list-style-type: none"> • How to pray Visio Divina • Images for Visio Divina
<p>Be Not Afraid Conference</p> <p><i>An online conference for all those who are anxious, afraid, bored, spiritually starving, or isolated. An opportunity to turn isolation into a fruitful retreat. Building deeper trust in God instead of a Netflix binge. A chance to grow spiritually this Lent, even for those without mass.</i></p>	<p>Sign up here</p>
<p>Spiritual Growth Choice Chart</p>	<p>Find chart here.</p>

Here are different ideas and forms of prayer.

Resources for Mass & Adoration	
Daily Mass	<ul style="list-style-type: none"> • Bishop Barron • EWTN
Sunday Mass	<ul style="list-style-type: none"> • EWTN Sunday Mass • Check out your parish's website!
Adoration Chapels	<ul style="list-style-type: none"> • 13 (Live Stream) Eucharistic Adoration Chapels

Resources for Engaging the Faith	
Gospel Weeklies - Great For Families!	<ul style="list-style-type: none"> • https://www.pflaumweeklies.com/lesson-downloads/ <ul style="list-style-type: none"> ○ Password is 2020814 ○ Click "login" in the upper right hand corner ○ Type in your email address and the password where it says "Already registered? Login below" ○ Click "Log In"
Podcasts	<ul style="list-style-type: none"> • Father Josh Johnson • Father Mike Schmitz • Dr. Edward Sri • Word on Fire Show -- Bishop Barron • Pray as you go --- Lectio Divina
YouTube Channels	<ul style="list-style-type: none"> • Ascension Presents Videos
FOCUS Talks These are taken from the last two conferences FOCUS offered for college students. They range in a variety of topics.	<ul style="list-style-type: none"> • SLS2020 • SEEK2019

Resources for Build Catholic Culture in the Home	
<p>CatholicCulture.org</p> <p>Daily resources of Mass Readings, prayers, activities, recipes, writings for the Liturgical year</p>	<ul style="list-style-type: none"> • CatholicCulture.org
<p>Ways to keep the Sabbath Holy</p>	<ul style="list-style-type: none"> • Daily Mass Readings
<p>Activities to do with Younger Siblings</p>	<ul style="list-style-type: none"> • Lent, Holy Week, and Easter activities • Lent, Holy Week, and Easter activities • Crafts, Games, and Activities to do with your siblings • Watch how Communion wafers are made • Watch a video about a Saint • Embrace Catholic Culture -- Go to the day, complete any of the activities or cook any of the recipes for your family

Spiritual Books to Read <i>Recommended by your local Campus Minister & friends!</i>	
<p>Prayer</p>	<ul style="list-style-type: none"> • Reimagining the Ignatian Examen by Fr. Mark Thibodeaux, SJ • Finding God Again by John Shea
<p>Life of Christ</p>	<ul style="list-style-type: none"> • Jesus: A Pilgrimage by Fr. James Martin, SJ
<p>Saints</p>	<ul style="list-style-type: none"> • My Life with the Saints by Fr. James Martin, SJ • Rediscover the Saints by Matthew Kelly
<p>Reflection</p>	<ul style="list-style-type: none"> • Seven Storey Mountain by Fr. Thomas Merton • The Long Loneliness by Dorothy Day

<p style="text-align: center;">Catholic Living</p>	<ul style="list-style-type: none"> • The Catholic Hipster Handbook -- Short chapters on little known traditions and ways to practically live out the faith.
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Quick Reflections

These reflections are quick, and can easily be incorporated into one's daily routine.

- [Pray the Divine Mercy Chaplet with the Franciscan Friars of the Renewal](#)
- [Blessed Is She Daily Devotions](#)
- [Watch a video about a Saint](#)
- [Pray As You Go --- Lectio Divina](#)
- [Catholic Art Reflection](#)
- [Loyola Press 3 Minute Retreats](#)

Prayerful Practice

- [Videos on Spiritual Growth](#)
- [Pray the Rosary](#)
- [Rosary Videos \(Why and How to pray\)](#)
- [All Things Catholic Podcast](#)
- [Spiritual Gifts Assessment from Notre Dame](#)
- [Sign up for the Be Not Afraid Online Conference](#)

Longer Reflections and Practices

- [YouTube Playlist of various speakers and reflections](#)
- [Church Life Journal Reflections through Notre Dame](#)
- [The Lanky Guys Podcast - Reflections on the Week's Gospel Reading](#)
- [Stations of the Cross \(Perfect for Lent\)](#)
- [Embrace Catholic Culture -- Go to the day, complete any of the activities or cook any of the recipes for your family in the sidebar](#)

Really Go Deep

- [Journey With The Saint John's Bible](#)

Additional Resources

- <https://mcgrath.nd.edu/resources/>